December 1st - December 22, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:50 - 6:40 am **BOXFIT® Bootcamp**		5:50 - 6:40 am **BOXFIT® Bootcamp**			
9:30 - 10:20 am **BOXFIT® Circuit**	9:30 - 10:20 am **BOXFIT® Strength**	9:30 - 10:20 am **BOXTECH®** **(All levels)**	9:30 - 10:20 am **BOXFIT® Booty**	9:30 - 10:20 am **BOXFIT®**	9:30 - 10:20 am **LITTLE CHAMPS®** **(All levels)** 9:30 - 10:20 am **LITTLE BOXERS®** **(All levels)** 9:30 - 10:20 am **BOXFIT®**	9:30 - 10:20 am **BOXFIT® Circuit**
			10:30 - 11:20 am **BOXFIT® Babes**		10:30 - 11:20 am **BOXTECH®** **(All levels)**	10:30 - 11:20 am **BOXTECH® Youth & Adult** **(W/Y)**
12:00 - 12:50 pm **BOXTECH®** **(All levels)**					11:30 - 12:20 pm **BOXTECH® Youth** **(All levels)**	11:30 - 12:20 pm **BOXTECH® Youth & Adult** **(G/B+)**
	3:00 - 4:30 pm **BOXTECH® Team** **High Performance** **(Red/Black)**		3:00 - 4:30 pm **BOXTECH® Team** **High Performance** **(Red/Black)**			12:30 - 1:20 pm **BOXTECH® Youth & Adult** **(Blue+ Sparring)**
4:00 - 4:50 pm **BOXFIT®**	3:45 - 4:20 pm **LITTLE CHAMPS®** **(All levels)**	4:00 - 4:50 pm **BOXFIT®**	3:45 - 4:20 pm **LITTLE CHAMPS®** **(All levels)**	4:00 - 4:50 pm **LITTLE CHAMPS®** **(All levels)** 4:00 - 4:50 pm **LITTLE BOXERS®** **(All levels)** 4:00 - 4:50 pm **BOXTECH® Youth** **(All levels)**		
4:30 - 5:00 pm **LITTLE BOXERS®** **(Blue+ Sparring)**	4:30 - 5:20 pm **LITTLE BOXERS®** **(All levels)** *Mezzanine* 4:30 - 5:30 pm **BOXFIT®**		4:30 - 5:20 pm **LITTLE BOXERS®** **(All levels)** *Mezzanine* 4:30 - 5:30 pm **BOXFIT®**			
5:00 - 5:50 pm **LITTLE BOXERS®** **(All levels)** *Mezzanine* 5:00 - 5:50 pm **BOXTECH® Youth** **(W/Y)** 5:00 - 5:50 pm **BOXTECH® Youth** **(G/B+)** **& (Blue+ Sparring)**	5:30 - 6:20 pm **BOXTECH® Youth** **(All levels)**	5:00 - 5:50 pm **LITTLE BOXERS®** **(All levels)** *Mezzanine* 5:00 - 5:50 pm **BOXTECH® Youth** **(All levels)**	5:30 - 6:20 pm **BOXTECH® Youth** **(All levels)**	5:00 - 5:50 pm **BOXTECH®** **(All levels)** 5:00 - 5:50 pm **BOXFIT® Circuit**		
6:00 - 7:30 pm **BOXTECH® Team** **Development** **& High Performance** **(Red/Black)**	6:30 - 7:20 pm **BOXFIT® Pink** 6:30 - 7:20 pm **BOXFIT®**	6:00 - 7:30 pm **BOXTECH® Team** **Development** **& High Performance** **(Red/Black)**	6:30 - 7:20 pm **BOXTECH® Youth & Adult** **Intro to Sparring** *Mezzanine* 6:30 - 7:20 pm **BOXFIT®**	6:00 - 7:30 pm **BOXTECH® Team** **Development** **& High Performance** **(Red/Black)**		
6:00 - 6:50 pm **BOXFIT®**		6:00 - 6:50 pm **BOXFIT®**				
7:00 - 7:50 pm **BOXTECH®** **(All levels)**	7:30 - 8:20 pm **BOXTECH® Youth & Adult** **(Red/Black)** 7:30 - 8:20 pm **BOXTECH®** **(All levels)**	7:00 - 7:50 pm **BOXTECH®** **(All levels)**	7:30 - 8:20 pm **BOXTECH®** **(All levels)**			
		7:45 - 8:20 pm **BOXTECH®** **(Blue+ Sparring)**				

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